

स्थापना : जून २००० (शासन क्र. एनजीसी २०००/न.म.वि.(१/२०००)म.शि.-३/दि. २८ जून २०००)

College Code No. : 337

महाविद्यालय कोड क्र. ३३७

Amrut Sevbhavi Sanstha Parbhani's

Late Ku. Durga K. Banmeru Science College,

(B.Sc., B.B.A., B.C.A., M.Sc. (Comp. Science))

Loni Road, Lonar Dist. Buldhana - 443302

Ph./Fax No. : 07260 - 221315

(Affiliated to Sant Gadgebaba Amravati University, Amravati
& UGC 2 (f) & 12 (B) approved)



अमृतं तु विद्या । विज्ञानं यज्ञं तनुते ॥

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अमृत सेवाभावी संस्था, परभणी द्वारा संचलित

कै.कु. दुर्गा क. बनमेरु विज्ञान महाविद्यालय,

(बी.एस्सी., बी.बी.ए., बी.सी.ए., एम.एस्सी. (कॉम्प्यु. सायन्स))

लोणी रोड, लोणार जि. बुलढाणा - ४४३३०२

दूरध्वनी / फॅक्स क्र. : ०७२६० - २२१३१५

(संत गाडगेबाबा अमरावती विद्यापीठ, अमरावती संलग्नित व
युजीसी २ (एफ) व १२(बी) मान्यता प्राप्त)

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Principal

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Secretary

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प्राचार्य

डॉ. संतोष क. बनमेरु
सचिव

2021-2022

❖ Covid-19 Vaccination Camp

On 25th October 2021, Department of National Service Scheme, Late Ku Durga K. Banmeru Science College, Lonar Dist Buldhana had conducted covid-19 vaccination camp under the guidance of Dr. Prakash K. Banmeru principal of college. Covid-19 vaccination camp organized in collaboration with staff of Gramin Rugnalaya, Lonar. Dr. Prakash K. Banmeru, chairperson of the program, Dr. Nikhil Agrawal as a chief guest and Dr. Kavita Mapari, team Rural Hospital Lonar as an inaugurator of program. Mr. Shivshankar More, NSS Program Officer, Mr. Saurabh Gaikwad and Dr. Suryakant B. Borul were present during this activity.

In the period of 25th October 2021 to 2nd November 2021 is the target of Gov. and college administration to complete vaccination of all college students. In this vaccination camp total 50 students were vaccinated on 25th October 2021.



Present Students and staff during covid-19 vaccination camp.



Dr. Nikhil Agrawal and Dr. Kavita Mapari, Gramin Rugnalaya, Lonar, Mr. Shivshankar More NSS Programme Officer, Mr. Saurabh Gaikwad and staff were present in program.

Outcomes:-

- i) Vaccinated college students above 18 year regarding covid-19 pandemic.
- ii) Total 50 students were vaccinated with Covaxin and Covishield.
- iii) Awareness of covid-19 pandemic.


Programme Officer
National Service Scheme
K.K.K. Banmeru Sci. College


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❖ AIDS Awareness programme-

On dated 23rd March 2022 at adopted village Pimpalner, tahsil Lonar department of national service scheme organized AIDS awareness programme in collaboration with team Rural Hospital Lonar. In this AIDS awareness programme organized lecture of Mr. Gajanan B. Deshmukh Supervisor of Buldhana District AIDS Control on topic "Understanding, misunderstanding about HIV ADIS in youths".

Mr. Gajanan B. Deshmukh gave detail information about AIDS, such as how AIDS spread?, and how to avoid? And also he gave the answer of questions of students.

The program was proposed by Prof. More NSS co-officer and the conducted by Ku. Vaishnavi Davhale and Ku. Vaishnavi Mapari did vote of thanks.



Felicitation of Mr. Gajanan Deshmukh and Mr. Shimbre saheb



Mr. Gajanan Deshmukh sir delivered the lecture on Awareness of HIV AIDS.

S.B. Deshmukh
Programme Officer
National Service Scheme
K.D.K. Banmeru Sci. College

[Signature]
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❖ Heartfulness Meditation

Department of National Service Scheme organized three days Heartfulness meditation camp at adopted village Pimpalner in collaboration with Heartfulness Meditation Sanstha Mehkar.

Heartfulness meditation camp was organized under the guidance of Dr. Prakash K. Banmeru Principal of the college and Mr. Solanke sir and Mr. Kulsundar sir, teacher heartfulness meditation is the trainer for the camp.

• First day of Meditation-

Dated 23rd March 2022 at 5.00pm to 6.00pm Mr. Solanke sir and Mr. Kulsundar sir, teacher heartfulness meditation first gave information about the meditation and what are the benefits of meditation to the NSS students and present peoples. Mr. Solanke sir said that due to daily meditation all negative thoughts are remove from brain. He also told about the process of meditation and actual mediation done. Then after mediation Student are share their experience with all.



Dr. S. B. Borul felicitates the Mr. Solanke sir and NSS volunteer felicitates Mr. Kulsundar sir

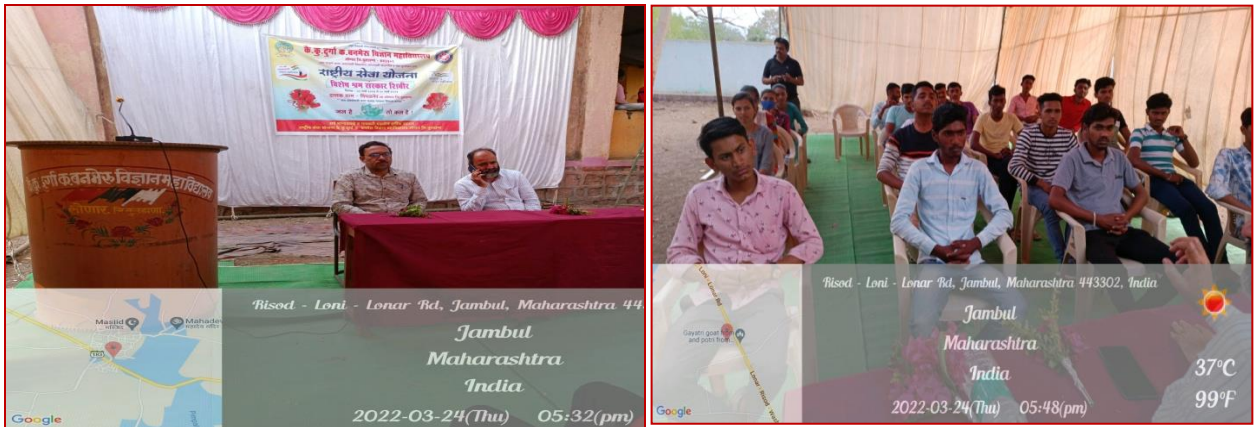


Mr. Kulsunder Sir giving information about Meditation

• **Second day of Meditation- (24/03/2022)**

To take the session of the second day, Hon. Mr. Patekar Sir and Hon. Mr. Kulsunder Sir was present. Hon. Mr. Patekar sir informed the volunteers of NSS that meditation increases intellectual capacity and reduces the energy of negative thoughts by keeping the mind happy and empowers the mind to do positive work.

Mr. Kulsunder sir explained the meditation process to the students and increased the meditation of 20 minutes in the previous session and meditated for 25 minutes today.



In the second day session of Meditation, Mr. Patekar Sir and Hon. Mr. Kulsunder sir and volunteers present.



While guiding the volunteers, Hon. Mr. Patekar Sir and Hon. Mr. Kulsunder Sir

• **Third day of Meditation- (25/03/2022)**


To take the session of the second day, Mr. Kulsundar Sir was present. Hon. Mr. Kulsundar Sir advised the volunteers of NSS to increase their intellectual capacity through meditation and reduce the energy of negative thoughts. Everyone should meditate regularly at their fixed time every day. Regular meditation has many benefits. For this, everyone should meditate and think. Hon. Mr. Kulsunder sir explained the meditation process to the students and made them meditate for 30 minutes in this session.

Then after Prof. Dr. Suryakant Borul, NSS program officer expressed his gratitude of Mr. Kulsundar Sir, Mr. Solanke Sir, and Mr. Patekar Sir on behalf of the NSS team for the meditation demonstration and guidance given. At this time Mr. Kulsundar sir gifted the book Parbdha Rachna based on Meditation to NSS department of college.



Mr. Kulsundar sir gifted the book Parbdha Rachna based on Meditation to NSS department of college.


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सचिव

“Yoga Day Report” 2017-2018

❖ International Yoga day:

A yoga training camp was organized on the occasion of International Yoga Day in the college on 21st June 2017. It was jointly organized by National Service Scheme and Art of Living Parivar Lonar. Dr. Pradip Iwarkar and Hon. Vinod Thorve of (Art of Living Parivar Lonar) to provide yoga training to student and teacher. They said benefited Information about Yoga training camp. The program information given to the citizens of Lonar by NSS volunteers. At the beginning of the program Dr. Pradip Iwarkar, trainer of Art of Living Parivar Lonar gave a lecture on the importance of yoga in life.

The yoga training camp was started with chanting and warm up. After that, various types of yoga asanas were demonstrated. Tadsana, Vrikshasana, Ardha chakrasana in standing posture, Bhadrasana, Shanshakasana, Vakrasana in sitting position, Bhujgansana, Makrasana, Rajashasana in posture, and Pawanmuktasana in posture etc. were given.



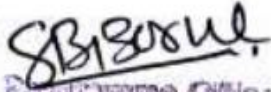
Prof. Suryakant Borul sir and yoga instructor Dr. Pradip Iwarkar doing Pratima Pujan.



Students, teachers and lonar citizen participating in yoga training



Volunteers taking yoga training on the occasion of International Yoga Day.


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“Yoga Day Report” 2018-19

21st June 2018 World Yoga Day

On 21st June 2018, on occasion of 4th World Yoga Day was organized under the guidance of Dr. Prakash K. Banmeru Principal of Late Ku. Durga K. Banmeru Science College, Lonar in collaboration with Art of Living Parivar Lonar and Warhade Coaching Classes, Lonar. On the occasion of World Yoga Day, yoga instructor Dr. Pradip Iwarkar and Shivshankar Kharwal (Art of Living Parivar Lonar) was present as the chief yoga instructor. First Shivshankar Kharwal sir explained the concept of yoga to the students and explained the benefits of yoga.

Dr. Pradip Ewarkar moderated the programme. He first greeted the students on Yoga Day and started Yoga Pranayama first. The asanas he should do from a standing position are Vrikshasana, Tadasana, Urdhvasana, Urdhvatrikonasana etc.

Dr. Pradip Ewarkar showed it to the students and told the students about its benefits. Also pranayama while doing pranayama. It should be done gradually. If anyone has any problem, they should avoid pranayama or any easy and simple asanas. So take care that there is no adverse effect on the body. That is, asanas to be done while sitting Jada Jangasana, Jada Shirasasana, Tadasana, Vajrasana, etc. were performed by him and the students done. Yoga has the power to

provide more energy to your body. There is each person practiced yoga for ten to twenty minutes every day. On occasion of 4th World Yoga Day NSS Volunteers and staff of college were present.


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“Yoga Day Report” 2019-20

21st June 2019 World Yoga Day

1. Lonar Taluka Level Government Yoga Camp-

On 21st June 2019, on occasion of 5th World Yoga Day, NSS volunteers and staff of Late Ku. Durga K. Banmeru Science College, Lonar participated in Taluka level government yoga camp. It was organized on 6.30 am at the playground of Sardar Vallabhbhai Patel High School Lonar. In the celebration of 5th World Yoga Day Dr. Prakash K. Banmeru principal of college was present. In this event, Patanjali's yoga instructor informed the present employees about the benefits of yoga and did a real yoga demonstration.





Participation of NSS volunteers and staff of Late Ku. Durga K. Banmeru Science College in Lonar Taluka level Government Yoga Camp

2. Yoga training camp in College-

On 21st June 2019, after the completion of the Government Yoga Camp, department of National Service Scheme of College was Organized the yoga training camp in the Seminar Hall of Late Ku. Durga K. Banmeru Science College, Lonar for NSS Volunteers and staff of college. Dr. Pradip Iwarkar and Mr. Vinod Thorve, the Art of Living Parivar, Lonar was the Yoga instructor for the yoga training camp.



Yoga instructor present on stage Dr. Pradip Iwarkar, Mr. Vinod Thorve and Principal Dr. P K. Banmeru



NSS Volunteers and students as well as college staff were doing yoga training

3) Poster and slogan presentation

Department of National Service Scheme of College was Organized the yoga the volunteers of NSS put up yoga-related posters and slogans in the library section of the college. It was inaugurated by the principal of the college. Dr. Prakash K. Banmeru sir did. After this, the students saw the slogans and posters put up by the students along with the dignitaries. Ms. Shital Kshirsagar, Ms. Avantika Nichang, Ms. Pratiksha Chate in the poster and slogan presentation. Dutta More, Deepak Padmawat and other students participated



Dignitaries present at the inauguration of poster and slogan



While inspecting the poster and slogan presentation, the principal of the college Dr. Prakash K. Banmeru Sir Dr. Ivarkar Vinod, Thearve Program Officer Prof. More Sir While inspecting the poster and slogan presentation.

S.B. More
Programme Officer
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(Affiliated to Sant Gadgebaba Amravati University, Amravati
& UGC 2 (f) & 12 (B) approved)



अमृतं तु विद्या । विज्ञानं यज्ञ तनुते ॥

अमृत सेवाभावी संस्था, परभणी द्वारा संचालित

कै.कु. दुर्गा क. बनमेरू विज्ञान महाविद्यालय,

(बी.एस्सी., बी.बी.ए., बी.सी.ए., एम.एस्सी. (कॉम्प्यु. सायन्स))

लीणारी रोड, लीणार जि. बुलढाणा - ४४३३०२

दूरध्वनी / फॅक्स क्र. : ०७२६० - २२१३१५

(संत गाडगेबाबा अमरावती विद्यापीठ, अमरावती संलग्नित व
युजीसी २ (एफ) व १२(बी) मान्यता प्राप्त)

www.lkdksanmerucollege.ac.in

E-mail : pkbanmeru@yahoo.co.in; lkdkscl@rediffmail.com

Dr. Prakash K. Banmeru
Principal

Dr. Santosh K. Banmeru
Secretary

डॉ. प्रकाश क. बनमेरू
प्राचार्य

डॉ. संतोष क. बनमेरू
सचिव

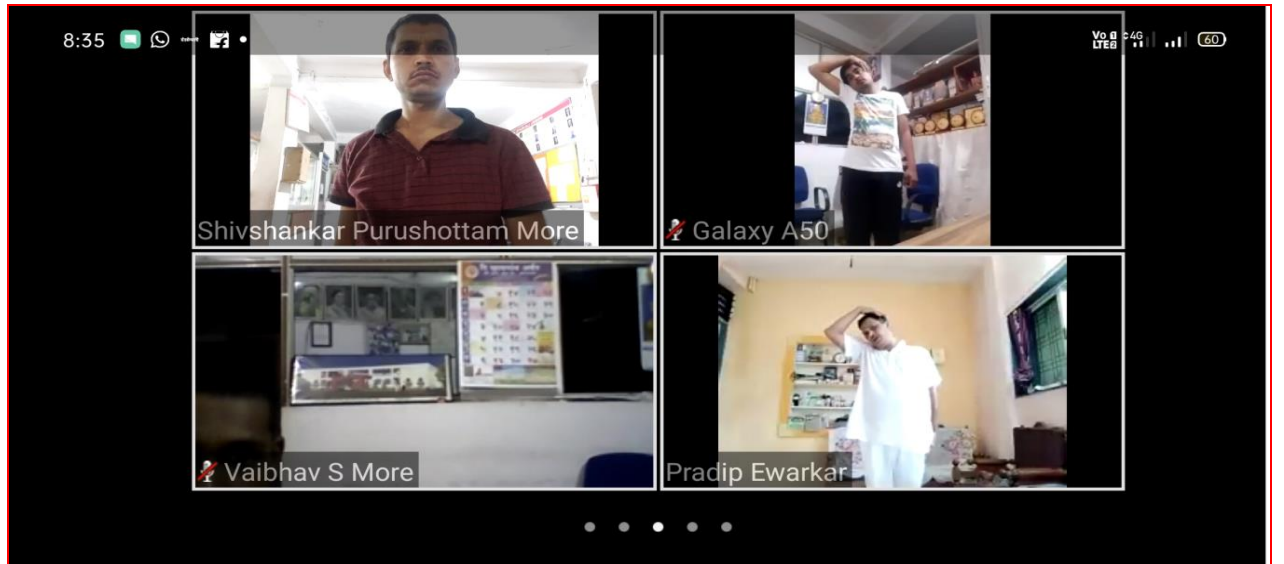
“Yoga Day Report” 2020-21

❖ Yoga Day:-

The college observed World Yoga Day online on June 21, 2020 Dr. Prakash K. Banmeru, the college's principal, posted a message in honour of Yoga Day. On this occasion, Mr. Dr. Pradeep Ivarkar, a member of The Art of Living Family, taught volunteers online yoga as well as discussed the value and necessity of yoga for the next generation. A priceless aspect of our lives is yoga.

Dr. Pradeep Ivarkar gave information about the following types of Yogasana.

- 1) Padmasana :- (Lotus Position),
- 2) Tadasana : (Mountain Pose),
- 3) Siddhasana : (Accomplished Pose),
- 4) Vajrasana : (Diamond Pose),
- 5) Bhadrasana : (Cobbler Pose),
- 6) Vakrasana : (Twisted Pose),
- 7) Bhujangasana : (Cobra Pose),
- 8) Vrikshasana : (Tree Pose),
- 9) Shirshasana : (Headstand Pose)



Dr. Pradip Ivarkar, Art of living parivar, Lonar during yoga training

S.B. More
Programme Officer
National Service Scheme
K.D.K. Banmeru Sci. College

प्रकाश
Principal
Late Ku Durga K. Banmeru
Science College, Lonar
Dist Buldana

स्थापना : जून २००० (शासन क्र. एनजीसी २०००/न.म.वि.(१/२०००)म.शि.-३/दि. २८ जून २०००)

College Code No. : 337

महाविद्यालय कोड क्र. ३३७

Amrut Sevabhavi Sanstha Parbhani's

Late Ku. Durga K. Banmeru Science College,
(B.Sc., B.B.A., B.C.A., M.Sc. (Comp. Science))

Loni Road, Lonar Dist. Buldhana - 443302

Ph./Fax No. : 07250 - 221315

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अमृतं तु विद्या । विज्ञानं यज्ञ तनुते ॥

www.lkdksbanmerucollege.ac.in

E-mail : pkbanmeru@yahoo.co.in; lkdksbcl@rediffmail.com

अमृत सेवाभावी संस्था, परभणी द्वारा संचालित

कै.कु. दुर्गा क. बनमेरू विज्ञान महाविद्यालय,

(बी.एस्सी., बी.बी.ए., बी.सी.ए., एम.एस्सी. (कॉम्प्यु. सायन्स))

लोणी रोड, लोणार जि. बुलडाणा - ४४३३०२

दूरध्वनी / फॅक्स क्र. : ०७२६० - २२१३१५

(संत गाडगेबाबा अमरावती विद्यापीठ, अमरावती संलग्नित व
युजीसी २ (एफ) व १२(बी) मान्यता प्राप्त)

Dr. Prakash K. Banmeru
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डॉ. प्रकाश क. बनमेरू
प्राचार्य

डॉ. संतोष क. बनमेरू
सचिव

“Yoga Day Report” 2021-2022

❖ Yoga Day:-

On June 21, 2021, under National Service Scheme and Physical Education Department, on the occasion of International Yoga Day on June 21, Yoga camp was organized under the guidance of Dr. Prakash Banmeru Principal of the College. Mr. Dilip Pidiar yoga teacher was the trainer for online as well as offline yoga demonstrations. Along with yoga training he also explained importance of yoga in life.

June 21 evening at exactly 6.00 yoga instructor Dr. Pradip Evarkar organized online guidance and yoga practice on the topic of doing yoga to increase the efficiency of the lungs during the Corona period. Yogasana, pranayama and meditation increase the body's immunity and lung function. The yoga instructor in the college Dr. Pradip Ewarkar and all the teaching and non-teaching staff were present and all the teaching and non-teaching staff of the college took advantage of this training yoga camp and took an oath to practice yoga regularly. Online students were present for the programme. Prof. Shivshankar More gave vote of thanks.

संत गाडगे बाबा अमरावती विद्यापीठ अमरावती द्वारा संलग्नित
अमृत सेवाभावी संस्था परभणी संचालित

कै.कु.दुर्गा क.बनमेरू विज्ञान महाविद्यालय, व
कै.कमलबाई बनमेरू कला, वाणिज्य व विज्ञान महिला महा.लोणार
लोणी रोड, लोणार जि. बुलडाणा - ४४३३०२
यांच्या संयुक्त विद्यमाने आयोजित

राष्ट्रीय सेवा योजना व शारीरिक शिक्षण विभाग द्वारा अंतर्गत
आंतरराष्ट्रीय ई- योग दिन

दि. २१ जून २०२१ रोज सोमवार वेळ:- सकाळी ७.३० मि.
प्रमुख मार्गदर्शक
मा. दिलीप पिडीयार (योगगुरु)

पुढील लिंकवर सर्वांनी रजिस्ट्रेशन करावे हि विनंती :- <https://forms.gle/EyAV9o5FikX749Wie9>

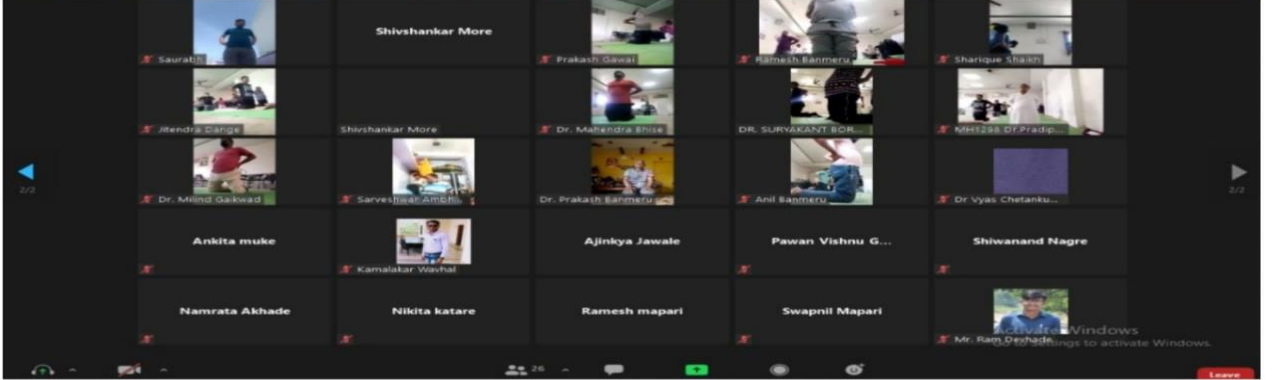
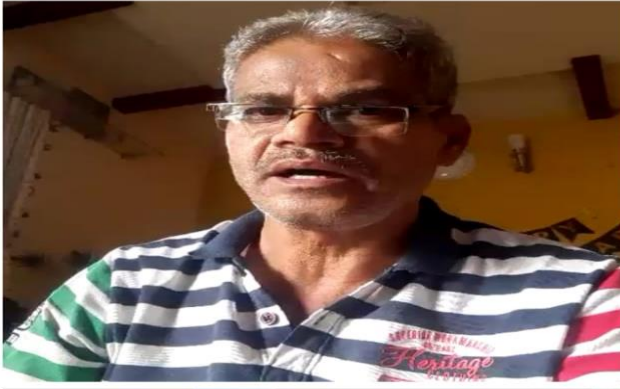
खालील झूम लिंक वर क्लिक करून उपस्थित राहावे हि नम्र विनंती
<https://us05web.zoom.us/j/5966657342?pwd=ZERxUGFGM1BwRHRVR1B0ZTRHSE9JUT09>

Meeting Id:- 5966657342 Pass code :- 12345

आयोजक:- डॉ. प्रकाश क. बनमेरू (प्राचार्य, कै. कु. दुर्गा क. बनमेरू विज्ञान महा. लोणार)
समन्वयक :- डॉ. मंगेश ठोंबळ (रासेयो कार्यक्रमाधिकारी तथा शा. शिक्षण संचालक)

टीप:- कार्यक्रम संपल्यानंतर आपणासार्वांना फीडबॅक लिंक पाठविली जाईल फीडबॅक भरल्यानंतर आपणास ई-मेल वर ई-प्रमाणपत्र प्राप्त होईल

Banner for yoga day Online Programme at Morning 7.30am.



College Principal Dr. Prakash Banmeru, Mr. Dilip Pidiar and students online present for yoga day.

संत गाडगे बाबा अमरावती विद्यापीठ अमरावती द्वारा संतद्रीत
अमृत सेवाभाषी संस्था परमणी संचालित

कै.कु.दुर्गा क.बनमेरू विज्ञान महाविद्यालय, व
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लोणी रोड, लोणार जि. बुलडाणा - ४४३३०२
यांच्या संयुक्त विद्यमाने आयोजित

राष्ट्रीय सेवा योजना व शारीरिक शिक्षण विभाग द्वारा अंतर्गत

“कोरोना काळात फुफ्फुसांची कार्यक्षमता वाढवण्यासाठी योग”

दि. २१ जून २०२१ रोज सोमवार वेळ:- सायंकाळी ६.०० मि.

प्रमुख मार्गदर्शक
मा. डॉ. प्रदीप इवरकर
(योग प्रशिक्षक, द आर्ट ऑफ लिटिंग परिवार लोणार)

खालील झूम लिंक वर क्लिक करून उपस्थित रहावे हि नम्र विनंती

<https://us05web.zoom.us/j/5966657342?pwd=ZERxUGFGM1BwRHRVR1BOZTRHSE9JUT09>
Meeting Id:-5966657342 Pass code :-12345

आयोजक:- डॉ. प्रकाश क. बनमेरू (प्राचार्य, कै. कु. दुर्गा क. बनमेरू विज्ञान महा. लोणार)
समन्वयक :- डॉ. मंगेश ठोंबळ (रासेयो कार्यक्रमाधिकारी तथा शा. शिक्षण संचालक)

टीप:- कार्यक्रम संपल्यानंतर आपणासार्वाना फीडबॅक लिंक पाठविनी जाईल फीडबॅक भरल्यानंतर आपणास ई-मेल वर ई-प्रमाणपत्र प्राप्त होईल

Banner for yoga day Online Programme at evening 6.00pm.

Outcomes:

- i) This activity provided health awareness in the students.
- ii) Yoga camp helps to know importance of yoga.
- iii) Enhancing Concentration in students

S.B. Banmeru
Programme Officer
National Service Scheme
K.D.K. Banmeru Sci. College

Prakash Banmeru
Principal
Late Ku Durga K. Banmeru
Science College, Lonar
Dist Buldana

स्थापना : जून २००० (शासन क्र. एनजीसी २०००/न.म.वि.(१/२०००)म.शि.-३/दि. २८ जून २०००)

College Code No. : 337

महाविद्यालय कोड क्र. ३३७

Amrut Sevabhavi Sanstha Parbhani's

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अमृतं तु विद्या । विज्ञानं यज्ञ तनुते ॥

www.lkdksanmerucollege.ac.in

E-mail : pkbanmeru@yahoo.co.in; lkdkscl@rediffmail.com

अमृत सेवाभावी संस्था, परभणी द्वारा संचालित

कै.कु. दुर्गा क. बनमेरू विज्ञान महाविद्यालय,

(बी.एस्सी., बी.बी.ए., बी.सी.ए., एम.एस्सी. (कॉम्प्यु. सायन्स))

लोणी रोड, लोणार जि. बुलढाणा - ४४३३०२

दूरध्वनी / फॅक्स क्र. : ०७२६० - २२१३१५

(संत गाडगेबाबा अमरावती विद्यापीठ, अमरावती संलग्नित व
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Dr. Prakash K. Banmeru
Principal

Dr. Santosh K. Banmeru
Secretary

डॉ.प्रकाश क. बनमेरू
प्राचार्य

डॉ.संतोष क. बनमेरू
सचिव

“Yoga Programme” 2021-2022

On dated 22/03/2022 to 28/03/2022 in Special Camp of Scheme National Service organized at adopted village Pimpalner every day morning 6.00 am to 7.00 am the NSS volunteers under yoga practice

1. Learn how to breathe. The most important thing to do in yoga is to breathe, especially when holding the postures.
2. Start with a brief meditation and intention.
3. Use basic and beginning level postures.
4. End with Shavasana



While doing yoga and praying, NSS Volunteers and Prof. Dr. S.B. Borul and Prof. S.P. More

S.B. Borul
Programme Officer
National Service Scheme
K.D.K. Banmeru Sci. College

प्र.प्र.
प्राचार्य
Principal
Late Ku Durga K. Banmeru
Science College, Lonar
Dist Buldana